

Hello friends!

TODAY IS THE DAY!!
YOU CAN DO HARD THINGS: Life Tools for Teens
is available!

I am so excited to finally share the message of this book that will reach teens-- or anyone who wants to be inspired and learn tools, strategies, and mindset to live a more empowered life.

Teens,

This is a CAN DO book where you get to apply the Life Tools to your life and make plans that will move you forward successfully. Take charge of what is in your control. Start with small actions to move forward. Begin today creating the life you want. There are always possibilities and solutions.

You are never alone.

You've got this.

YOU CAN DO HARD THINGS!

By supporting my book launch campaign today, and purchasing a \$2.99 special rate copy (only good for 24-48 hours), you will be adding to the momentum of support for young people as they face the challenges and hard things in their lives.

Your purchase of a digital copy today will also boost my book to achieve the widest reach and recognition in its first 48 hours. THANK YOU!

Click here for the [link](#) to purchase your digital copy and share it with others. Be sure to click on your country's link so your country gets credit.

FYI: You do not need a Kindle to read and enjoy this book. It will automatically download to your device.

Paper/Hardback books will be available in a few weeks. Please email me at youcandothings.today@gmail.com if you want to be notified when they become available.

Please forward this message today to reach teens, parents, professionals, and all who support young people.

Take care.

Kay